



SERVING BLESSINGS: RESTORED BEYOND MEASURE

# PSALMS 6

CHALLENGE: DAY 6

NEW  
INTERNATIONAL  
VERSION

PSALM OF THE DAY:

**It is time to put God first!!! Are you ready for the challenge?**

***FOR THE DIRECTOR OF MUSIC. WITH  
STRINGED INSTRUMENTS.  
ACCORDING TO SHEMINITH. A  
PSALM OF DAVID.***

Lord, do not rebuke me in your anger

or discipline me in your wrath.

Have mercy on me, Lord, for I am faint;

heal me, Lord, for my bones are in agony.

My soul is in deep anguish.

How long, Lord, how long?



Turn, Lord, and deliver me;  
save me because of your unfailing love.  
Among the dead no one proclaims your  
name.

Who praises you from the grave?  
I am worn out from my groaning.  
All night long I flood my bed with weeping  
and drench my couch with tears.

My eyes grow weak with sorrow;  
they fail because of all my foes.  
Away from me, all you who do evil,  
for the Lord has heard my weeping.  
The Lord has heard my cry for mercy;  
the Lord accepts my prayer.  
All my enemies will be overwhelmed  
with shame and anguish;  
they will turn back and suddenly be  
put to shame.



*Restored Beyond Measure*

*Website: [www.servingblessings.com](http://www.servingblessings.com)*

*Send prayer requests and praise reports to: [servingblessings7@gmail.com](mailto:servingblessings7@gmail.com)*

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